



Karen Mangia's

DARE TO DREAM

**Big dreams are realized in small steps sustained over time.
Leverage Dare to Dream to:**

- Ponder your top goal
- Discover the motivations behind your top goal
- Anticipate obstacles to your success
- Activate assistance from advocates and allies
- Prioritize time and resources required to realize your goal

PAUSE. PONDER. PRIORITIZE.

PAUSE: SET YOUR SIGHTS

What is your top goal in the next 12-18 months?

Why did you choose this as your top goal?

How do you believe you will feel when you realize your goal?

How will you celebrate the realization of your goal?

PONDER: STRENGTHEN YOUR STRIDE

What will it take for you to realize your goal (i.e. resources, access, prioritization, new skills, an expanded network, etc.)?

What obstacles do you anticipate along the path to your goal?

Who or what might try to sabotage your success? Discover your top saboteurs with this free, [five-minute assessment](https://www.positiveintelligence.com/saboteurs/). Simply click the link or type this address in your browser: <https://www.positiveintelligence.com/saboteurs/>

Who are the advocates and allies that will support you through a setback?

PRIORITIZE: STEPS TO SUCCESS

What are four major milestones between where you are now and achieving your goal?

What are three mini milestones that would create momentum toward achieving your first major milestone?

Choose one mini milestone. List seven five-minute micro steps you could take toward achieving your first mini milestone.

What is one task or appointment you can release from your calendar to make room for your top goal?

Add one micro-step to your calendar per day for the next week. Then repeat the five-minute-fix brainstorm with your next mini milestone.

How did you Dare to Dream? Share your success with karen@karenmangia.com.

